



Children
Summer Camp
 Ages 5 and older



Mon-Fri 8:30-12:30 noon
June 11~15th, 2018

667 Dawson Drive, Suite A
 Newark, DE 19713
302-369-2454
www.aikidoda.org

Aikido is a gentle martial art used only for self-defense. It is practiced by many people all over the world and is focused mainly on developing self-confidence, self-control, and respect for others. We will begin each morning with an aikido lesson that includes warm up, stretching, tumbling, and practicing technique movements. After the aikido lesson, we will take a short recess then continue with Aiki games followed by a snack period. Each morning will end with an activity focused on introducing youths to an aspect of Japanese culture, including simple phrases, calligraphy, songs, origami, and simple cooking. The **\$185** cost of the week-long camp includes instructional fees, activity materials, snacks, and treats.



Located off Route 72
 Just north of the I-95 overpass

369-2454
 Visit www.AikidoDA.org
 For other Programs & Events

ADA Aikido Kids
INTENSIVE AIKIDO
Summer Camp

Mon-Fri 8:30-12:30 noon
June 18~22, 2018
\$200.00

(Includes instruction fees, materials, snacks, lunch, & test/certificate/belt fees)

Each morning will begin with an aikido lesson that includes warm up, stretching, tumbling, and practicing technique movements. Specific drills and movements will be trained for different test requirements needed for each individual student. Each day we will take a short recess for drink and snack, and then continue with instructions. Promotion test will be conducted after the end of the Intensive Camp, at ADA Summer Seminar.

DISCOUNT: ADA Aikido Kids (only)	
<u>Join BOTH Camps</u>	
Regular Camp \$185 - \$50 =	\$135
Intensive \$200 - \$35 =	<u>\$165</u>
	\$300
<u>BOTH Camps with Sibling</u>	
Extra 10% Discount per child	
2 x \$300 = \$600	\$600 - 10% = \$540
<u>Non Aikido Kids for Regular Camp</u>	
\$25 Discount for each additional Sibling.	